

Course Description
Psychopathology
Leading Lecturer: Ágoston Schmelowszky

Aim of the course

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The aim of this course is to provide an introduction to the major psychological disorders in a theoretical and scientifically based aspect. Psychological theories and models of formation, manifestation, and dynamics of mental disorders will be discussed. The students will be trained to recognize the different types of mental disorders and to identify the underlying causes. There will be a special focus on different diagnostics systems (ICD, DSM-5) of mental disorders and the psychoanalytic theory, learning, and cognitive theories relating to mental disorders. The most serious mental disorders schizophrenia, personality disorders, organic syndromes, psychosis, anxiety and mood disorders are particularly emphasized. Diagnostic and treatment possibilities will also be discussed, special emphasis will be laid on various psychotherapeutic modalities. During the course the students will be presented with case-studies including a description of symptoms and etiological ideas of the formation of the disorders.

Learning outcome, competences

knowledge:

Concerning the biological and psychological basis for the most serious mental disorders.

Symptomatology of the main categories of mental disorders

Major categories of current ICD and DSM manuals.

Different assessment tools to identify symptoms, cognitive functioning and general malfunction.

Major psychotherapeutic modalities.

attitude:

- Respect of the patients and their relatives
- Considering ethical standards of clinical evaluation
- Viewing adult mental disorders in a complex bio-psycho-social model
- Using current findings of evidence-based research and scientific standards in evaluating adult mental disorders

skills:

- Communication with patients
- Communication with relatives
- Communication with colleagues

Content of the course

Topics of the course

Process of diagnosis making

Basics of mental state examination

Psychopathology of mood and anxiety disorders, psychotic condition, dementia and cognitive disorders.

Personality and its disorders.

Classification systems used in psychiatry

Differential diagnosis and therapies of psychiatric conditions.

Learning activities, learning methods

Frontal lecture

Evaluation of outcomes

Learning requirements, mode of evaluation, criteria of evaluation:

requirements

Written exam.

mode of evaluation:

1-5 scale

criteria of evaluation:

Exactness of knowledge

Reading list

Compulsory reading list

1. Sadock BJ et al. (edit) (2009). Kaplan and Sadock's Concise Textbook of Clinical Psychiatry. LWW. **Section 8:** Clinical manifestations of psychiatric disorders
2. American Psychiatric Association. (2013). Diagnostic and Statistical Manual of Mental Disorders, 5th Edition: DSM-5

Recommended reading list

Blumenfield, M., & Strain, J. J. (Eds.). (2006). *Psychosomatic medicine*. Philadelphia, PA: Lippincott Williams & Wilkins.

Gabbard GO (2014). *Psychodynamic Psychiatry in Clinical Practice*. Washington, GC, London, England. American Psychiatric Publishing.