

<b>Title of the course: Counselling and social psychology - seminar</b>	<b>Credits: 2 ECTS</b>
Type of the course: <b>seminar – 30 contact hours</b>	
Type of the evaluation: <b>practical mark</b>	
Place in curriculum: <b>2nd semester</b>	
Prerequisites ( <i>if any</i> ): -	
<p><b>Course description:</b> Please, provide a short, informative description of knowledge to obtain and competences to achieve, and a short (6-10 lines) summary of the aims and content of the course, followed by the 10-15 topics covered.</p>	
<p>The course aims to provide students with knowledge regarding social situations, more specifically the social psychological aspects of counselling, interpersonal communication and the factors influencing it; respectively to help students to acknowledge those important socio-psychological phenomena and important topics that appear in the counselling process. The course will introduce to students the relationship between social psychology and counselling and also the socio-psychological approach of the counselling process, actors and methods. Main topics are: socialization, social learning, roles and status, personal perception, impression creation, attribution, prejudices and stereotypes, conformism, social interaction, verbal and nonverbal communication, facilitation, aggression, counseling situation, attitudes, individual and group counseling, group dynamic.</p> <p>Upon the successful completion of this course students will be able to understand and to interpret the socio-psychological phenomena related to human resources counselling (skill level).</p> <p>This practical course is closely related to the first Counselling and social psychology-lecture course, here the students assimilate the theoretical knowledge through small-group exercises and experiential learning.</p>	
3-5 most important required and suggested readings (eg. textbook) with bibliographic details (author, title, details of edition, pages, ISBN)	
<p><u>Required readings:</u></p> <ul style="list-style-type: none"> <li>• Egan, G. (2014): The skilled helper: a problem-management and opportunity-development approach to helping. Brooks/Cole, Cengage Learning, ISBN: 978-1-285-06571-7</li> <li>• Gelso, C. J. &amp; Fretz, B. R. (2014). Counseling psychology 3rd ed. Harcourt College Publishers: NY. ISBN: 978-1433817113</li> <li>• Forgas, Joseph P. and Williams, Kipling D.(2003): The social mind: Cognitive and motivational aspects of interpersonal behavior. Cambridge University Press, ISBN: 978-0521541251</li> </ul> <p><u>Suggested readings:</u></p> <ul style="list-style-type: none"> <li>• Ross, Lee; Nisbett, Richard (2011). The Person and the Situation: perspectives of Social Psychology. Pinter &amp; Martin Ltd, ISBN: 978-1905177448</li> </ul>	